

Bag less Activities for class 6(A+B+C+D)

Day and Date	Topic
Monday	Knowledge about various Govt Schemes
18-3-24	Exercise
	Meditation
Tuesday	Recreational Games (outdoor games with lots of fun)
19-3-24	Exercise
	Meditation
Wednesday	Cyber awareness
20-3-24	Exercise
	Meditation
Thursday	Poshan Maah (regarding balanced diet)
21-3-24	Exercise
	Meditation